



NOVEMBER LUNCH MENU 2018

WG = Whole Grain Rich

All Milk Served Is Unflavored 1% or Skim Milk

Children Under 2 Are Served Unflavored Whole Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Chicken Salad Flat Bread Carrots Sticks Pineapple Milk	2. Turkey Franks Roll Veggie Beans Corn Milk
5. Teriyaki Meatballs Brown Rice Carrots Peaches Milk	6. Fish Cakes Slice Bread Pears Broccoli Milk	7. Pizza String Cheese Mixed Vegetables Orange Wedges Milk	8. Grilled Cheese Bread Tomatoes Fruit Cup Milk	9. Sloppy Joe Rolls Roasted Veg Apple Sauce Milk
12. Chicken Patty Slice Bread Cauliflower Mandarin Oranges Milk	13. Chicken Nugget Rice Pilaf String Beans Milk	14. Cheese Ravioli Red Sauce Corn Orange Wedges Milk	15. Grilled Chicken Breast Peas & Carrots Pears Milk	16. BBQ Chicken Bites Swt Potato Fries Honey Dew Milk
19. Beef Goulash Pasta Cauliflower Cantaloupe Milk	20. Fish Sticks Green Beans Pineapples Tidbits Milk	21. Angus Beef Slider Roll Peas Mixed Fruit Milk	22. HAPPY THANKSGIVING	23. THANKSGIVING BREAK
26. Turkey Franks Roll Vegetarian Beans Pears Milk	27. Meatballs in Red sauce Roll Caesar Salad Honey Dew Milk	28. Macaroni And Cheese Apple slices Broccoli Milk	29. Sheppard Pie Mashed Potatoes Sauteed Zucchini Cantaloupe Milk	30. Turkey And Cheese Sandwich Carrot Sticks Pineapples Milk