



October Lunch/Supper Menu 2018

WG= Whole Grain Rich

All Milk Served Is Unflavored 1% or Skim Milk

Children Under 2 are Served Unflavored Whole Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Turkey Franks Veggie Beans Roll Pears Milk	2. WG Chicken Sticks Corn Mandarin Oranges Milk	3. Teriyaki Meatballs Rice Pilaf Green Beans Pineapples Milk	4. Tuna Salad Cucumber & Tomato salad Slice Bread Mixed Fruit Cup Milk	5. Beef Goulash Pasta, Red Sauce Peas & Carrots Peaches Milk
8. WG Chicken Nugget Green Beans Brown Rice Milk	9. Turkey Bologna &Chs. Sandwich Slice Bread Carrots Honey Dew Milk	10. Sweet Chili Chicken Bites Sweet Potato Fries Pears Milk	11. Beef Sloppy Joe Roll Roasted Carrots Pineapples Milk	12. Pizza Broccoli Mandarin Oranges Milk
15. WG Fish Cakes Mixed Vegetables Peaches Slice Bread Milk	16. Cheese Tortellini W/ Fresh Diced Tomatoes Corn Tidbits Orange Wedges Milk	17. Turkey & Cheese Sandwich Slice Bread Baby Carrots Peaches Milk	18. Orange Marinated Chicken Breast Slice Bread Roasted Root Vegetables Pears Milk	19. House Made Macaroni & Cheese Peas & Carrots Cantaloupe Milk
22. Grilled Cheese Mixed Green Salad Apple Sauce Milk	23. Cheese Ravioli Corn Tidbits Pineapples Milk	24. House Made Shepard's Pie Roasted Zucchini Mixed Fruit Cup Milk	25. Beef Meatloaf Broccoli Mandarin Oranges Milk	26. BBQ Chicken Wings Corn on Cob Fresh Apples Corn Bread Milk
29. Chicken Patty Slice Bread Mixed Vegetables Mandarin Oranges Milk	30. BBQ Pulled Chicken Roll Coleslaw Hash Brown Milk	31. WG Chicken Nugget Roasted Cauliflower Vegetable Rice Milk		