



September Breakfast Menu 2018

WG= Whole Grain Rich

All Milk Served Is unflavored 1% or Skim Milk

Children Under 2 are Served Unflavored Whole Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. LABOR DAY	4. Build A Parfait Yogurt Blueberries Granola Milk	5. WG Waffles Syrup Apple Juice	6. WG Cheerios Banana Milk	7. WG Pancakes Syrup Milk Grape Juice
10. Whole Grain French Toast Stick Syrup Milk Orange Wedges	11. Egg & Cheese Omelet WG Croissant Honey Dew Milk	12. WG Waffles Syrup Milk Apple Juice	13. Corn Muffin Cantaloupe Milk	14. WG Pancakes Syrup Milk Fresh Berries
17. Turkey Sausage Hash Brown Honey Dew Milk	18. WG Corn Flakes Fresh Pears Milk	19. WG Waffles Syrup Milk Apple Juice	20. Cinnamon Oatmeal Peaches Milk	21. WG Pancakes Syrup Milk Grape Juice
24. WG Rice Krispies Banana Milk	25. Whole Wheat Carrot Muffin Grape Juice Milk	26. WG Waffles Syrup Milk Apple Juice	27. Spinach & Feta Egg Frittatas WG English Muffin Apple Juice Milk	28. WG Pancakes Syrup Milk Cantaloupe